

St. Andrew's United Church

A Place to Belong

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For the latest news, updates and more details around
the services and activities listed here, please follow us at
www.facebook.com/StAndrewsHarvey

In this sacred season of preparation and prayer, of waiting and wonder, of new life and renewed hope, of recreation and resurrection, may you find the space to both welcome and be God's blessing this Lent, this Eastertide and always.

There is so much unfolding this season at St. Andrew's United, and we would love for you to be part of it. Join us for worship, take part in a Lenten study, or even get cooking in the kitchen this Lent, Holy Week and Easter. Bring your friends and family. Whoever you are and wherever you are on life's journey, you are welcome here, always.

Wishing you and all those you love, a blessed Lent and a joyful Easter from your friends and family at St. Andrew's United!

Rev. Christine Johnson

Services and Special Events for Lent, Holy Week & Easter 2026

Start your Lenten journey with us.
Worship, reflect, and connect.
All are welcome!

Ash Wednesday Services
February 18, 1:30 pm & 7 pm
In the St. James Room

Loonies for Lent

Looking for a simple Lenten practice that makes a real difference? How about supporting our wider community while helping to keep St. Andrew's parking lots safe, and clear this winter?

Pick up a calendar and envelope at the entrance of the CE Centre, and commit to sharing a loonie a day for 40 days. Your contribution will go toward supporting our local community outreach initiatives and help cover the costs of snowplowing and sanding, keeping our parking lots safe and accessible for everyone.

A little change each day can make a big impact. Join us in supporting St. Andrew's ministry and our community, one loonie at a time!

What's Cooking This Lent at St. Andrew's?

We are, and we would love for you to join us!

Ever wanted to make homemade bread with a twist? Now is your chance. Come into the kitchen at St. Andrew's United on March 14 at 10:30 am. for a hands-on Pretzel Making Workshop filled with laughter, learning, and the smell of fresh baked goodness. We will guide you step by step as you twist, shape, and bake your very own delicious pretzels.

This workshop is **FREE** and fun for all ages. Bring a friend, bring your family, and bring your appetite. No baking experience required.

If you are joining us and have these items at home, please bring:

- A mixing bowl
- Measuring spoons
- A wooden spoon or large mixing spoon
- A sheet pan

Please note that we will be using wheat flour and cannot guarantee a gluten free environment, even if you bring your own gluten free flour mix. If you are interested in a future gluten free pretzel workshop, please let us know! We are always ready to roll out new workshops and opportunities to build community!

Bless, Break, Share

Two opportunities to sink your teeth into faith this Lent!

The United Church's new Lenten devotional, ***Bless, Break, Share: Recipes for Faithful Living***, invites you into a spiritual practice of reflecting on food, hunger, and how we feed our souls. Whether you are reflecting solo or with a group, every meal is an opportunity to grow in faith.

Through recipes, devotions, stories, prayers, graces, and blessings, may we extend Christ's challenge and welcome each other.

Books and eBooks can be purchased from the United Church Book Store Online:
<https://ucrdstore.ca/collections/bless-break-share/products/bless-break-share-recipes-for-faithful-living>

Kitchen Conversations with the Moderator!

This Lent, pull up a chair for Kitchen Conversations with the Moderator!

Hosted by the Right Rev. Dr. Kimberly Heath, this six-part video series on YouTube invites us to explore food, faith, and the sacred power of invitation—one table at a time.

The series launches with a Shrove Tuesday pancake gathering on February 17, filmed in the Moderator's own kitchen. New episodes will be shared each Sunday through Lent, concluding with a special Easter message.

Episode Schedule

Feb. 17 - Pancakes

Feb. 22 - Frittata

Mar. 1 - Coptic Chickpeas

Mar. 8 - PIE
Mar. 15 - Cupcakes and Lemonade
Mar. 22 - Alydia's Bulla

Kitchen Conversations reminds us that God shows up in the everyday—over shared meals, honest conversation, and open hearts.

You can watch the series on YouTube here:
<https://www.youtube.com/playlist?list=PLQDu-SgFb3RjoxiFleJz5iBzQ06pqqkBXm>

You can find more information and recipes here:
<https://united-church.ca/community-and-faith/organization-and-governance/moderator/right-rev-dr-kimberly-heath-45th-moderator/kitchen-conversations#downloads>

Bless, Break, Share - Lenten Study 2026

“Christ comes to us as the bread of life, and Christ’s followers gather around a table. Christ recognizes all [our] hungers and invites us to feast and share things that will both satisfy and nourish. Christ’s invitation is always an invitation to abundant life for all.”

*Alydia Smith
from the Foreword of Bless, Break, Share*

In this six-week series, join Rev. Christine Jerrett on Zoom as she uses the United Church's new Devotional Book, *Bless, Break, Share* to guide a time of reflection and discussion on food and hunger throughout Lent. All sessions will be **Tuesdays from 3pm-4pm AST.**

St. Andrew’s has purchased this course for those who would like to gather for a time of discussion and food this Lent. If you would like to be part of a Tuesday afternoon group, please let **our** Rev. Christine (contact info is at the top of the letter) know so we can arrange a suitable gathering space.

Study Schedule

Session #1: February 24, 2026 - The Table of Invitation
Session #2: March 3, 2026 - The Table of Longing
Session #3: March 10, 2026 - The Table of Blessing
Session #4: March 17, 2026 - The Broken Table
Session #5: March 24, 2026 - The Table of Justice
Session #6: March 31, 2026 - The Table of Solidarity

Books and eBooks can be purchased from the United Church Book Store Online:
<https://ucrdstore.ca/collections/bless-break-share/products/bless-break-share-recipes-for-faithful-living>

Holy Week Services

Palm Sunday – March 29, 10:30 am
Maundy Thursday – April 2, 7 pm *at Knox Presbyterian*
Good Friday – April 3, 7 pm
Easter Sunday – April 5, 10:30 am